# Rhode Island 2001 Behavioral Risk Factor Surveillance System Questionnaire

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#### Introduction

and the Cente practices of <u>F</u>	ers for Disea Rhode Island mly, and w	ase Control and Prevention. We dresidents to guide state health	ode Island Department of Health Fre gathering information on the health policies. Your phone number has been bout day-to-day living habits that may
Is this <u>(pho</u>	one number	<u>)                                    </u>	Thank you very much, but I seem to have dialed the wrong number, It's possible that your number may be called at a later time. <b>Stop</b>
		lect one adult who lives in your lousehold, including yourself, ar	household to be interviewed. How re 18 years of age or older?
		Number of adults	
If ''1'	' Are you t	he adult?	
	If "yes"	Then you are the person I need women below (Ask gender if	to speak with. Enter 1 man or 1 necessary). Go to page 2
	If "no"		? Enter 1 man or 1 women below. /her) from previous question]? Go to com of page
How many of	f these adul	ts are men and how many are wo	omen?
	_	Number of men	
	_	Number of women	
The person ir	n your hous	ehold that I need to speak with is	S'''you,'' go to page 2
To correct re	espondent	Prevention. We're gathering in Rhode Island residents to guid chosen randomly to be interview.	calling for the Rhode Island Centers for Disease Control and aformation on the health habits of the state health policies. You have been the ewed, and we'd like to ask some ting habits that may affect health.

We do not ask for your name, address, or other personal information that identifies you. The phone number is erased once we finish all interviews at the end of the year. There are no risks or benefits to you being in this survey. Taking part is up to you. You don't have to answer any question you don't want to, and you are free to end the interview at any time. The interview takes \_\_\_\_\_ minutes. All information you give us will be confidential. If you have any questions about this survey, I will provide a toll free telephone number for you to call to get more information.

#### **Section 1: Health Status**

Do not read these responses

1.1. Would you say that in general your health is:

(72)

(73-74)

d

Trease Read	
Excellent	1
Very good	2
Good	3
Fair	4
or	
Poor	5
Don't know/Not sure	7
Refused	9

1.2. Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Number of days	_	
None	8	8
Don't know/Not sure	7	7
Refused	9	9

1.3. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (75-76)

Number of days		
None	8	8
Don't know/Not sure	7	7
Refused	9	9

#### If Q1.2 and Q1.3=88, Go to Q2.1

1.4. During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

	(77-70)
Number of days	<u></u>
None	8 8
Don't know/Not sure	7 7
Refused	9 9

#### **Section 2: Health Care Access**

Refused

2.1. Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare? (79)

Yes	Go to Q2.2	1
No		2
Don't know/Not sure	Go to Q2.3	7
Refused	Go to Q2.3	9

MOD4\_1. What is the main reason you are without health care coverage? (237-238)

#### **Read Only if Necessary** 0 1 Lost job or changed employers Spouse or parent lost job or changed employers [includes any person who had been providing insurance prior to job loss or change] 0 2 Became divorced or separated 0 3 Spouse or parent died 0 4 Became ineligible because of age or because left school 0 5 Employer doesn't offer or stopped offering coverage 0 6 Cut back to part time or became temporary employee 0.7 Benefits from employer or former employer ran out 0 8 Couldn't afford to pay the premiums 0 9 Insurance company refused coverage 1 0 Lost Medicaid or Medical Assistance eligibility 1 1 Other 8 7 Don't know/Not sure 7 7

9 9

MOD4_2. About how long has it been since you had health care coverage? (239)  Read Only if Necessary	
Read Only if Necessary	
Within the past 6 months (1 to 6 months ago) 1	
Within the past year (6 to 12 months ago) 2	
Within the past 2 years (1 to 2 years ago) 3	
Within the past 5 years (2 to 5 years ago) 4	
5 or more years ago 5	
Don't know/Not sure 7	
Never 8	
Refused 9	
Go to core Q2.3	
2.2. During the past 12 months, was there any time that you did not have any health insurance	e
or coverage? (80)	
Yes 1	
No <b>Go to Q2.3</b> 2	
Don't know/Not sure <b>Go to Q2.3</b> 7	
Refused Go to Q2.3	
MOD4_3. What was the main reason you were without health care coverage during the pas	t
12 months? (240-241)	
Read Only if Necessary	
Lost job or changed employers 0 1	
Spouse or parent lost job or changed employers [includes any	
person who had been providing insurance prior	
to job loss or change] 0 2	
Became divorced or separated 0 3	
Spouse or parent died 0 4	
Became ineligible because of age or because left school 0 5	
Employer doesn't offer or stopped offering coverage 0 6	
Cut back to part time or became temporary employee 0 7	
Benefits from employer or former employer ran out  0 8	
Couldn't afford to pay the premiums 0 9	
Insurance company refused coverage 1 0	
Lost Medicaid or Medical Assistance eligibility 1 1	
Other 8 7	
Don't know/Not sure 7 7	
Refused 9 9	

2.3.	Do you have one person you think of as your personal doctor or health of	care pro	
If "no," ask "Is there <u>more</u> than one or is there <u>no</u> person who you think o	Yes, only one More than one No Don't know/Not sure Refused	1 2 3 7 9	(81)
•	tion 3: Exercise		
3.1.	During the past 30 days, other than your regular job, did you participate activities or exercise such as running, calisthenics, golf, gardening, or we exercise?		
	Yes No Don't know/Not sure Refused	1 2 7 9	
Stat	e Added: Exercise		
RI12	2_1. I get little or no exercise during a usual day.		(495)
	Yes No Don't know/Not sure Refused	1 2 7 9	
Sec	tion 4: Hypertension Awareness		
4.1.	Have you ever been told by a doctor, nurse, or other health professional high blood pressure?	that you	u have (83)
	Yes No Go to Q5.1 Don't know/Not sure Go to Q5.1 Refused Go to Q5.1	1 2 7 9	
4.2.	Are you currently taking medicine for your high blood pressure?		(84)
	Yes No	1 2	

Don't know/Not sure	7
Refused	9

#### **Section 5: Cholesterol Awareness**

Ocoti	on o. onolosicioi Awaren			
5.1.	Blood cholesterol is a fatty st cholesterol checked?	ubstance found in the blood. Have you eve	r had you	r blood (85)
	Yes		1	
	No	Go to Q6.1	2	
	Don't know/Not sure	_	7	
	Refused	Go to Q6.1	9	
5.2.	About how long has it been s	since you last had your blood cholesterol cl	hecked?	(86)
	Read Onl	y if Necessary		
	Within the past year		1	
	Within the past 2 year	· · · · · · · · · · · · · · · · · · ·	2	
	Within the past 5 year		3	
	5 or more years ago	( <b>)</b>	4	
	Don't know/Not sure		7	
	Refused		9	
5.3.	Have you ever been told by a cholesterol is high?	a doctor, nurse, or other health professional	l that you	r blood (87)
	Yes		1	
	No		2	
	Don't know/Not sure		7	
	Refused		9	
Secti	on 6: Asthma			
6.1.	Have you ever been told by a asthma?	a doctor, nurse, or other health professional	l that you	had (88)
	Yes		1	
	No	Go to Q7.1	2	
	Don't know/Not sure	_	7	
		•		
	Refused	Go to Q7.1	9	
6.2.	Do you still have asthma?			(89)
	Yes		1	
	No		2	
	Don't know/Not sure		7	
	Refused		9	
	Refused		,	

#### **Section 7: Diabetes**

7.1.	Have you ever been told by a doctor the	hat you have diabetes?		(90)
If "Yes" and female, ask "Was this only when you were pregnant?"	Yes, but female told only during No Don't know/Not sure Refused	ng pregnancy Go to RI1_3 Go to 8.1 Go to 8.1 Go to 8.1	1 2 3 7 9	
Modul	e 1: Diabetes			
MOD1	_1. How old were you when you w	vere told you have diabetes?	(180-	181)
	Code age in years [97 = 97 an Don't know/Not sure Refused	d older]	9 8 9 9	•
MOD1	_2. Are you now taking insulin?			(182)
	Yes No Refused		1 2 9	
MOD1	_3. Are you now taking diabetes p	ills?		(183)
	Yes No Don't know/Not sure		1 2 7	

#### **State-Added Diabetes**

 $RI1_1$ . Was there **ever** a time when you needed medication for your diabetes but couldn't afford it? (400)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

Refused

9

MOD1_4.	About how often do you check your blood for glucose or sugar?	Include times
when	checked by a family member or friend, but do not include times w	hen checked by a
health	professional.	(184-186)

Times per day	1		
Times per week	2		
Times per month	3		
Times per year			4
		0	0
Never	8	8	8
Don't know/Not sure	7	7	7
Refused	9	9	9

MOD1\_5. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (187-189)

Times per day	1	
Times per week	2	
Times per month	3	
Times per year	4	
-		
Never	8 8 8	
No feet	5 5 5	
Don't know/Not sure	7 7 7	
Refused	9 9 9	

MOD1\_6. Have you ever had any sores or irritations on your feet that took more than four weeks to heal? (190)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

MOD1\_7. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (191-192)

Number of times	<u> </u>	
None	8 8	,
Don't know/Not sure	7 7	,
Refused	9 9	)

MOD1\_8. A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"? (193-194)

Number of times $[76 = 76 \text{ or more}]$		
None	8	8
Never heard of hemoglobin "A one C" test	9	8
Don't know/Not sure	7	7
Refused	9	9

#### If MOD1\_5 =555, Go to MOD1\_10

MOD1\_9. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations? (195-196)

Number of times		
None	8	8
Don't know/Not sure	7	7
Refused	9	9

MOD1\_10. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light. (197)

#### **Read Only if Necessary**

Within the past month (0 to 1 month ago)	1
Within the past year (1 to 12 months ago)	2
Within the past 2 years (1 to 2 years ago)	3
2 or more years ago	4
Never	8
Don't know/Not sure	7
Refused	9

MOD1\_11. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy? (198)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

MOD1_12. Hav	ve you ever taken a course or class	in how to manage your diabetes yourself?
		(199)
Yes	}	1
No		2
Do	n't know/Not sure	7
Ref	used	9
-	•	east one diabetes education group session or cator, nurse, dietician, or pharmacist?
Yes		1
No	,	2
	n't know/Not sure	7
	used	9
RI1_3. Have you	received a diabetes patient record?	? (402)
Yes		1
No		2
DK	Go to 8.1	7
Refused	Go to 8.1	9
RI1_4. Has the dia	betes patient record been at all use	eful to you? (403)
Yes		1
No		2
DK	Go to 8.1	7
Refused	Go to 8.1	9
RI1_5. Have you	used it in any of these ways(404)	)
To help you sched diabetes visits and	• • •	ents to see your health provider for routine
Yes		1
No		2
Don't know	V	7
Refused		9

RI1_6.	To help you remember which	ch diabetes medications to take	and wh	en to take them?
_	1 7			(405)
	Yes		1	
	No	,	2	
	Don't know	,	7	
	Refused	!	9	
RI1_7.	To contact diabetes resource	es in your community or in the	state?	
		•		(406)
	Yes		1	
	No	,	2	
	Don't know	,	7	
	Refused	!	9	
If RI1 Arthri		l RI1_6 all = 2, 7, 9, ask RI1_8	8, else ş	go to Section 8
RI1_8.	How have you found the dia	betes patient record to be usefu	1?	
			(407)	
	Record Open-end		1	
	Don't know	•	7	
	Refused	!	9	
Section	on 8: Arthritis			
8.1.		ave you had pain, aching, stiffn	ess or	•
	joint?			(91)
	Yes	C a 4a 00 5		1
	No	Go to Q8.5		2
	Don't know/Not sure	~		7
	Refused	Go to Q8.5		9
8.2.	Were these symptoms presen	t on most days for at least one	month?	(92)
	Yes			1
	No			2
	Don't know/Not sure			7
	Refused			9

8.3. Are you now limited in any way in any activities because of joint symptoms		mptoms?	(93)
	Yes	1	
	No	2	
	Don't know/Not sure	7	
		9	
	Refused	9	
8.4.	Have you ever seen a doctor, nurse, or other health professional for symptoms?	these joint	(94)
	Yes	1	
	No	2	
	Don't know/Not sure	7	
	Refused	9	
	rtoruseu		
8.5.	Have you ever been told by a doctor that you have arthritis?		(95)
	Yes	1	
	No	2	
	Don't know/Not sure	7	
	Refused	9	
8.6.	Are you currently being treated by a doctor for arthritis?	(96)	
	Yes	1	
	No	2	
	Don't know/Not sure	7	
	Refused	9	
Sect	ion 9: Immunization		
9.1.	During the past 12 months, have you had a flu shot?	(97)	
	Yes	1	
	No	2	
	Don't know/Not sure	7	
	Refused	9	
		-	

#### State Added: Immunization

#### If 9.1=2, 7, or 9 OR 2.3=3, 7, or 9, Go to 9.2

RI2_1. Did you receive the	The shot from your personate	al doctor or health care provider?	(408)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

9.2. Have you ever had a pneumonia shot? This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is also called the pneumococcal vaccine. (98)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

#### Section 10: Tobacco Use

10.1. Have you smoked at least 100 cigarettes in your entire life? (99)

5 packs	Yes		1
= 100	No	Go to Q11.1	2
cigarettes	Don't know/Not sure	Go to Q11.1	7
	Refused	Go to Q11.1	9

10.2. Do you now smoke cigarettes every day, some days, or not at all? (100)

Every day	1
Some days	2
Not at all Go to Q11.1	3
Refused Go to Q11.1	9

10.3. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking? (101)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

#### **Section 11: Alcohol Consumption**

11.1. A drink of alcohol is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. During the past 30 days, how often have you had at least one drink of any alcoholic beverage? (102-104)

Days per week		1
Days in past 30		2
No drinks in past 30 days	Go to Q12.1	8 8 8
Don't know/Not sure	Go to Q12.1	777
Refused	Go to Q12.1	999

11.2. On the days when you drank, about how many drinks did you drink on the average?

(105-106)

Number of drinks	<u> </u>
Don't know/Not sure	7 7
Refused	9 9

11.3. Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion? (107-108)

Number of times		
None	8	8
Don't know/Not sure	7	7
Refused	9	9

#### **Section 12: Firearms**

The next question is about firearms, including weapons such as pistols, shotguns, and rifles; but not BB guns, starter pistols, or guns that cannot fire.

12.1. Are any firearms now kept in or around your home? Include those kept in a garage, outdoor storage area, car, truck, or other motor vehicle. (109)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

#### Section 13: Demographics

13.1.	What is your age?	(110-111)
	Code age in years	
	Don't know/Not sure	$\overline{0}$ $\overline{7}$
	Refused	0 9
13.2.	Are you Hispanic or Latino?	(112)
	Yes	1
	No	2
	Don't know/Not sure	7
	Refused	9
13.3.	Which one or more of the following would you say is your race? {MUL 6}	(113-118)
	Please Read	
Mark all	White	1
that apply	Black or African American	2
	Asian	3
	Native Hawaiian or Other Pacific Islander	4
	American Indian, Alaska Native	5
	or	
	Other [specify]	6
	No additional choices	8
Do not read	Don't know/Not sure	7
these respons	ses Refused	9
If more than	one response to Q13.3, continue. Otherwise, go to Q13.5	
13.4.	Which one of these groups would you say best represents your race?	(119)
	White	1
	Black or African American	2
	Asian	3
	Native Hawaiian or Other Pacific Islander	4
	American Indian, Alaska Native	5
	Other [specify]6	
	Don't know/Not sure	7
	Refused	9

13.5. Are	you:	(120)
Do not read	Please Read  Married Divorced Widowed Separated Never married or A member of an unmarried couple  Refused  many children less than 18 years of age live in your household?	1 2 3 4 5 6 9 (121-122)
State Add	Number of children None Refused  ed: Children in Household to 13.7	8 8 9 9
R15_1.	How many children live in your household who are	
	Please Read	
Code 1-9 7 = 7 or mo 8 = None 9 = Refused	b. 5 through 12 years old? (418)	5
13.7. Wha	t is the highest grade or year of school you completed?	(123)
	Read Only if Necessary  Never attended school or only attended kindergarten Grades 1 through 8 (Elementary) Grades 9 through 11 (Some high school) Grade 12 or GED (High school graduate)	1 2 3 4

	College 1 year to 3 years (Some college or technical school College 4 years or more (College graduate) Refused	ol) 5 6 9	
13.8. Are y	you currently:	(124)	
	Please Read		
	Employed for wages	1	
	Self-employed	2	
	Out of work for more than 1 year	3	
	Out of work for less than 1 year	4	
	A Homemaker	5	
	A Student	6	
	Retired	7	
	or		
	Unable to work	8	
Do not read	Refused	9	
	al household income from all sources:	(125-126)	
	Read as Appropriate		
If respondent	Less than \$25,000 If "no," ask 05; if "yes," ask 03	0 4	
refuses at	(\$20,000 to less than \$25,000)	0.2	
any income	Less than \$20,000 <b>If "no," code 04; if "yes," ask 02</b>	0 3	
level, code	(\$15,000 to less than \$20,000)	0.2	
refused Less	than \$15,000 <b>If "no," code 03; if "yes," ask 01</b> (\$10,000 to less than \$15,000)	0 2	
	Less than \$10,000 <b>If</b> " <b>no,</b> " <b>code 02</b>	0 1	
	Less than \$35,000 <b>If "no," ask 06</b>	0 5	
	(\$25,000 to less than \$35,000)		
	Less than \$50,000 <b>If</b> " <b>no,</b> " <b>ask 07</b>	0 6	
	(\$35,000 to less than \$50,000)		
	Less than \$75,000 <b>If ''no,'' code 08</b>	0 7	
	(\$50,000 to less than \$75,000) \$75,000 or more	0 8	
Do not road	Don't know/Not sure	7 7	
Do not read these responses	Refused	9 9	
13.10. Abou	at how much do you weigh without shoes?	(127-1	129)
Round fractions up	Weight	 pound	ls

	Don't know/Not sure Refused	7 7 7 9 9 9
13.11.	About how tall are you without shoes?	(130-132)
Round fractions	Height	_/ ft/inches
down	Don't know/Not sure	7 7 7
	Refused	9 9 9
13.12.	What county do you live in?	(133-135)
	FIPS county code Don't know/Not sure Refused	7 7 7 9 9 9

#### State-Added: City/Town

RI3\_1 What city or town do you live in? (409-411)

See Attached town code list

Autocode to county.

13.13. Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (136)

Yes		1
No	Go to Q13.15	2
Don't know/Not sure	Go to Q13.15	7
Refused	Go to O13.15	9

13.14. How many of these are residential numbers?

13.15. How many adult members of your household currently use a cell phone for any purpose?

(138)

(137)

8
7
9

13.16. Indicate sex of respondent. **Ask only if necessary** (139)

Male	1
Female	2

#### **Section 14: Disability**

The following questions are about health problems or impairments you may have.

14.1.	Are you limited in any way in any	activities because	of physical, mental, or emo	tional
	problems?			(141)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

14.2. Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (142)

Include occa-	Yes	1
sional use or	No	2
use in certain	Don't know/Not sure	7
circumstances	Refused	9

#### **Section 15: Physical Activity**

#### If Q13.8=1,2, Ask q15.1, Else go to Q15.2

15.1. When you are at work, which of the following best describes what you do?

(143)

Would you say: Please Read

If respondent has	Mostly sitting or standing	1
multiple jobs,	Mostly walking	2
include all jobs	or	
	Mostly heavy labor or physically demanding work	3
Do not read	Don't know/Not sure	7
these responses	Refused	9

We are interested in two types of physical activity: vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.

15.2. Now, thinking about the moderate physical activities you do **[fill in (when you are not working) if "employed" or "self-employed" to core Q13.8]** in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate? (144)

Yes		1
No	Go to Q15.5	2
Don't know/Not sure	Go to Q15.5	7
Refused	Go to O15.5	9

15.3. How many days per week do you do these moderate activities for at least 10 minutes at a time? (145-146)

Days per week		
Don't know/Not sure	7	7
Refused	9	9

15.4. On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities? (147-149)

Hours and minutes per day	<u>_;</u>
Don't know/Not sure	7 7 7
Refused	999

15.5. Now thinking about the vigorous physical activities you do [fill in (when you are not working) if "employed" or "self-employed" to core Q13.8] in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate? (150)

Yes	1
No <b>Go to Q16.1</b>	2
Don't know/Not sure Go to Q16.1	7
Refused Go to Q16.1	9

15.6. How many days per week do you do these vigorous activities for at least 10 minutes at a time? (151-152)

Days per week		
Don't know/Not sure	7	7
Refused	9	9

15.7. On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities? (153-155)

Hours and minutes per day	<u>;</u>
Don't know/Not sure	7 7 7
Refused	999

#### **Section 16: Prostate Cancer Screening**

#### If Respondent is female, or Q13.1<40, Go to Q17.1

16.1. A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test? (156)

Yes		1
No	Go to Q16.3	2
Don't Know/no	t Sure Go to Q16.3	7
Refused	Go to Q16.3	9

16.2. How long has it been since you had your last PSA test? (157)

### **Read Only if Necessary**Within the past year (1 to 12 months ago) Within the past 2 years (1 to 2 years)

within the past year (1 to 12 months ago)	1	
Within the past 2 years (1 to 2 years)		2
Within the past 3 years (2 to 3 years)		3
Within the past 5 years (3 to 5 years)		4
5 or more years ago	5	

Don't know 7
Refused 9

16.3. A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam? (158)

Yes		1
No	Go to Q16.5	2
Don't know/Not sure	Go to Q16.5	7
Refused	Go to Q16.5	9

16.4.	How long has it been since your last digital rectal exam?	(159)	
	Within the past year (1 to 12 months ago)	1	2
	Within the past 2 years (1 to 2 years)		3
	Within the past 3 years (2 to 3 years)		
	Within the past 5 years (3 to 5 years)	_	4
	5 or more years ago	5	
	Don't know	7	
	Refused	9	
16.5.	Have you ever been told by a doctor, nurse, or other health professional prostate cancer?	l that you (160)	
	Yes	1	
	No	2	
	Don't know/Not sure	7	
	Refused	9	
16.6.	Has your father, brother, son, or grandfather ever been told by a doctor professional that he had prostate cancer?	, nurse, or (161)	
	Yes	1	
	No	2	
	Don't know/Not sure	7	
	Refused	9	
		-	

#### **Section 17: Colorectal Cancer Screening**

#### If Q13.1<50, Go to Q18.1

17.1. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? (162)

Yes		1
No	Go to Q17.3	2
Don't know/No	ot sure Go to Q17.3	7
Refused	Go to O17.3	9

17.2. How long has it been since you had your last blood stool test using a home kit?

	(163)
Read Only if Necessary	
Within the past year (1 to 12 months ago)	1
Within the past 2 years (1 to 2 years)	2
Within the past 5 years (2 to 5 years)	3
5 or more years ago	4
Don't know	7
Refused	9

17.3. Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the bowel for signs of cancer or other health problems. Have you ever had either of these exams? (164)

Yes		1
No	<b>Go to HIV/AIDS Section</b>	2
Don't know/Not sure	<b>Go to HIV/AIDS Section</b>	7
Refused	Go to HIV/AIDS Section	9

17.4. How long has it been since you had your last sigmoidoscopy or colonoscopy? (165)

Read Only if Necessary	`	ĺ
Within the past year (1 to 12 months ago)	1	
Within the past 2 years (1 to 2 years)		2
Within the past 5 years (2 to 5 years)		3
5 or more years ago	4	
Don't know	7	
Refused	9	

#### Section 18: HIV/AIDS

#### If Q13.1>64, Go to Transition to Modules

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

I'm going to read two statements about HIV, the virus that causes AIDS. After I read each one, please tell me whether you think it is true or false, or if you Don't know.

18.1. A pregnant woman with HIV can get treatment to help reduce the chances that she will pass the virus on to her baby. (166)

True	1
False	2
Don't know/Not Sure	7
Refused	9

18.2. There are medical treatments available that are intended to help a person who is infected with HIV to live longer. (167)

True		1
False	Go to Q18.4	2
Don't know/Not Sure	Go to Q18.4	7
Refused	Go to Q18.4	9

18.3. How effective do you think these treatments are helping persons with HIV to live longer? (168)

Would you say:

#### **Please Read**

Very effective	1
Somewhat effective	2
or	
Not at all effective	3

Do not read	Don't know/Not sure	1
these responses	Refused	9

18.4. How important do you think it is for people to know their HIV status by getting tested? (169)

Would you say:

#### **Please Read**

Very important	1
Somewhat important	2
or	

Not at all important 3

Do not readDon't know/Not sure7these responsesRefused9

18.5. As far as you know, have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. (170)

Include	Yes	1
saliva tests	No <b>Go to Q18.9</b>	2
	Don't know/Not sure Go to Q18.9	7
	Refused Go to Q18.9	9

18.6. Not including blood donations, in what month and year was your last HIV test?

(171-174)

Include	Code month and year	/
saliva tests	Don't know/Not sure	7 7 7 7
	Refused	9 9 9 9

#### 8.7. What was the main reason you had your test for HIV in [fill in date from Q18.6]?

(175-176)

#### **Read Only if Necessary**

reduction of the state of the s	
For hospitalization or surgical procedure	0 1
To apply for health insurance	0 2
To apply for life insurance	0 3
For employment	0 4
To apply for a marriage license	0 5
For military induction-or military service	0 6
For immigration	0 7
Just to find out if you were infected	0 8
Because of referral by a doctor	0 9
Because of pregnancy	1 0
Referred by your sex partner	1 1
For routine check-up	1 3
Because of occupational exposure	1 4
Because of illness	1 5
Because I am at risk for HIV	1 6
Other	8 7
Don't know/Not sure	7 7
Refused	99

#### 18.8. Where did you have the HIV test in **[fill in date from Q18.6]**? (177-178)

**Read Only if Necessary** 

## Private doctor, HMO 0 1 Blood bank, plasma center, Red Cross 0 2 Health department 0 3 AIDS clinic, counseling, testing site 0 4

Hospital, emergency room, outpatient clinic 0 5
Family planning clinic 0 6

Prenatal clinic, obstetrician's office 0 7

Tuberculosis clinic 0 8

STD clinic 0 9

Community health clinic 1 0

Clinic run by employer 1 1

Insurance company clinic 1 2

Insurance company clinic 1 2
Other public clinic 1 3
Drug treatment facility 1 4
Military induction or military service site 1 5
Immigration site 1 6
At home, home visit by nurse or health worker 1 7

At home using self-sampling kit 1 8
In jail or prison 1 9
Other 8 7

Don't know/Not sure 7 7 Refused 9 9

The next question is about sexually transmitted diseases other than HIV, such as syphilis, gonorrhea, chlamydia, or genital herpes.

18.9. In the past 12 months has a doctor, nurse, or other health professional talked to you about preventing sexually transmitted diseases through condom use? (179)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

#### **Transition to Modules and State-added Questions**

Finally, I have just a few questions left about some other health topics.

#### **State Added Health Care Coverage**

RI4\_1. Medicare is a coverage plan for people 65 or over and for certain disabled people. Do you have Medicare? (412)

Yes Go to Module 4	1
No	2
Don't know/not sure	7
Refused	9

#### If 2.1=1 ask RI4 2, else Go to RI4 3.

Earlier you stated that you had health care coverage.

RI4\_2. What type of health care coverage do you use to pay for most of your medical care? (413-414)

Is it coverage through: Coverage Code \_\_\_\_

#### Please Read

Your employe	0 1	
Someone else	0 2	
A plan that yo	0 3	
Medicare		0 4
Medicaid or Medical Assistance		0.5
The military,	CHAMPUS, TriCare, or the VA	
[or CHAMP-VA]		0 6
The Indian H	ealth Service [or the Alaska	
	Native Health Service]	0 7
	Or	
Some other source		0 8
Do not	None	8 8
read these	Don't know/Not sure	7 7
responses	Refused	99

#### Go to Module 4: Health Care Coverage and Utilization

#### If 2.1=2 ask RI4\_3, else Go to Module 4.

Earlier you stated that you did not have health care coverage.

RI4\_3. There are some types of coverage you may not have considered. Please tell me if you have any of the following:

(415-416)

Coverage through: Coverage Code \_\_\_\_

#### **Please Read**

If more than	Your employer	
one, ask	Someone else's employer	02
"Which type	A plan that you or someone else buys on your own	03
do you use to	Medicare	04
pay for most	Medicaid or Medical Assistance	
of your	The military, CHAMPUS, TriCare, or the VA	
medical care?"	[or CHAMP-VA]	06
	The Indian Health Service [or the Alaska	
	Native Health Service]	07
	or	
	Some other source	0.8
Do not	None	88
read these	Don't know/Not sure	77
responses	Refused	99

#### Module 4: Health Care Coverage and Utilization

The next questions are about health care.

MOD4\_4. Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health? (242)

If "no," ask	Yes	Go to MOD4_6	1
"Is there more	More than one place		2
than one or is	No	Go to MOD4_7	3
there <u>no</u> place	Don't know/Not sure	Go to MOD4_7	7
you usually	Refused	Go to MOD4_7	9
go to?"			

MOD4_5. advice	Is there one of these pe about your health?	places that you go to most often when you ar	e sick or need	(243)
	Yes		1	
	No	Go to MOD4_7	2	
	Don't know/Not sure	Go to MOD4 7	7	
	Refused	Go to MOD4_7	9	
MOD4_6.	What kind of place is	it?	(244)	
Would	d you say: Please Re	ead		
	A doctor's office or H	IMO	1	
	A clinic or health cen	iter	2	
	A hospital outpatient	department	3	
	A hospital emergency	yroom	4	
	An urgent care center	c c	5	
	or			
	Some other kind of p	lace	8	
Do not read	Don't know/Not sure		7	
these responses	Refused		9	
MOD4_7. could	Was there a time duri not because of the cost	ing the past 12 months when you needed to s	ee a doctor, but (245)	
	Vac		1	
	Yes No		1 2	
	Don't know/Not sure		7	
	Refused		9	
	Refused		9	
MOD4_8.	About how long has i	it been since you last visited a doctor for a ro	utine checkup? (246)	
			(240)	
		y if Necessary		
A routine	Within the past year	· · · · · · · · · · · · · · · · · · ·	1	
checkup is a	Within the past 2 year	`	2	
general phys-	Within the past 5 year	rs (2 to 5 years ago)	3	
ical exam, not	5 or more years ago		4	
an exam for	Don't know/Not sure		7	
a specific	Never		8	İ
injury, ill ness, or con- dition	Refused		9	l

#### State-Added: Children's Health Care Coverage

#### If Q13.6 = 88 or 99 go to Module 5: Women's Health

Earlier you said that there was/were **{Fill in response from Q13.6}** in your household under the age of 18.

RI5\_2. {If > 1 child in household} Of the children under age 18, what is the age of the child who had a birthday most recently ... (420-421)

#### Go to RI5\_4

RI5\_3. What is the child's age? (420-421)

RI5\_4. Is this child covered by any kind of health care plan, such as health insurance, prepaid plans such as HMOs (health maintenance organizations), or government plans such as Medicare, Medicaid, or Rite Care?

(422)

RI5_5. How long has it been since the child had health coverage, if ever? (423)			
<ul> <li>a. Within the past 6 months (1 to 6 months ago)</li> <li>b. Within the past year (7 to 12 months ago)</li> <li>c. Within the past 2 years (1 to 2 years ago)</li> <li>d. Within the past 5 years (2 to 5 years ago)</li> <li>e. 5 or more years ago</li> <li>Never</li> <li>Don't Know/Not Sure</li> <li>Refused</li> </ul>	1 2 3 4 5 6 7 9		
RI5_6. Was there a time during the last 12 months when the child could not because of the cost?  (424)	I needed to see a doctor, but		
Yes       1         No       2         Don't Know/Not Sure       7         Refused       9			
RI5_7. About how long has it been since this child last visited a d (425)	loctor for a routine checkup?		
<ul> <li>a. Within the past year (7 to 12 months ago)</li> <li>b. Within the past 2 years (1 to 2 years ago)</li> <li>c. Within the past 5 years (2 to 5 years ago)</li> <li>d. 5 or more years ago</li> <li>Never</li> <li>Don't Know/Not Sure</li> <li>Refused</li> <li>9</li> </ul>			
Module 5: Women's Health			
If respondent is male, go to Oral Health			
MOD5_1. A mammogram is an x-ray of each breast to look for ever had a mammogram?	For breast cancer. Have you (247)		
Yes No Go to MOD5_4 Don't know/Not sure Go to MOD5_4 Refused Go to MOD5_4	1 2 7 9		

MOD5_2.	How long has it been since you had your last mammogram?		(248)
	Read only if Necessary		
	Within the past year (1 to 12 months ago)	1	
	Within the past 2 years (1 to 2 years ago)	2	
	Within the past 3 years (2 to 3 years ago)	3	
	Within the past 5 years (3 to 5 years ago)	4	
	5 or more years ago	5	
	Don't know/Not sure	7	
	Refused	9	
MOD5_3.	Was your last mammogram done as part of a routine checkup, bec	ause of a breas	st
proble	em other than cancer, or because you've already had breast cancer?	(249)	
	Routine checkup	1	
	Breast problem other than cancer	2	
	Had breast cancer	3	
	Don't know/Not sure	7	
	Refused	9	
MOD5_4.	A clinical breast exam is when a doctor, nurse, or other health pro	fessional feels	
the br	east for lumps. Have you ever had a clinical breast exam?	(250)	
	Yes	1	
	No Go to MOD5_7	2	
	Don't know/Not sure <b>Go to MOD5_7</b>	7	
	Refused Go to MOD5_7	9	
MOD5_5.	How long has it been since your last breast exam?	(251)	
	Read Only if Necessary		
	Within the past year (1 to 12 months ago)	1	
	Within the past 2 years (1 to 2 years ago)	2	
	Within the past 3 years (2 to 3 years ago)	3	
	Within the past 5 years (3 to 5 years ago)	4	
	5 or more years ago	5	
	Don't know/Not sure	7	
	Refused	9	

MOD5_6. proble	Was your last breast exam done as part of a routine checkup, because mother than cancer, or because you've already had breast cancer?	use of a breast (252)
	Routine checkup	1
	Breast problem other than cancer	2
	Had breast cancer	3
	Don't know/Not sure	7
	Refused	9
MOD5_7.	A Pap smear is a test for cancer of the cervix. Have you ever had a	a Pap smear? (253)
	Yes	1
	No Go to MOD5_10	2
	Don't know/Not sure Go to MOD5_10	7
	Refused Go to MOD5_10	9
MOD5_8.	How long has it been since you had your last Pap smear?	(254)
	Read Only if Necessary	
	Within the past year (1 to 12 months ago)	1
	Within the past 2 years (1 to 2 years ago)	2
	Within the past 3 years (2 to 3 years ago)	3
	Within the past 5 years (3 to 5 years ago)	4
	5 or more years ago	5
	Don't know/Not sure	7
	Refused	9
MOD5_9.	Was your last Pap smear done as part of a routine exam, or to chec	
previo	ous problem?	(255)
	D. C.	1
	Routine exam	1
	Check current or previous problem	2
	Other	3
	Don't know/Not sure	7 9
	Refused	フ

# If Q 13.17=1, Go to Oral Health

MOD5_10.	Have you had a hysterectomy?		(256)
A hysterectomy is an operation to remove the uterus (womb)	Yes No Don't know/Not sure Refused	1 2 7 9	
If respondent	t 45 years old or older, go to RI6_1		
13.17. To you	ur knowledge, are you now pregnant?		(140)
	Yes No Don't know/Not sure Refused	1 2 7 9	
State Added	d: Women's Health for Non-Diabetics		
If Q7.1=1, Go	o to Module 6: Oral Health		
RI6_1. Have y	you ever given birth?		(426)
	Yes 1 No Go to Module 6: Oral Health 2 Refused Go to Module 6: Oral Health 9		
RI6_2. Have y	you ever given birth to a baby that weighed more than 9 po	ounds at birth?	(427)
	Yes No Don't know/Not sure Refused	1 2 7 9	
Module 6: O	Pral Health		
MOD6_1. reason	How long has it been since you last visited a dentist or a one ?	dental clinic for (257)	any

Include	Within the past year (1 to 12 months ago)	1
visits to	Within the past 2 years (1 to 2 years ago)	2
dental spec-	Within the past 5 years (2 to 5 years ago)	3
ialists, such	5 or more years ago	4
as ortho-	Don't know/Not sure	7
dontists	Never	8
	Refused	9

MOD6\_2. How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics.

(258)

Include teeth	1 to 5	1
lost due to	6 or more but not all	2
"infection"	All	3
	None	8
	Don't know/Not sure	7
	Refused	9

### If MOD6\_1=8 or MOD6\_2=3, Go to MOD6\_4

MOD6\_3. How long has it been since you had your teeth cleaned by a dentist or dental hygienist?

	(259)
Read Only if Necessary	
Within the past year (1 to 12 months ago)	1
Within the past 2 years (1 to 2 years ago)	2
Within the past 5 years (2 to 5 years ago)	3
5 or more years ago	4
Don't know/Not sure	7
Never	8
Refused	9

#### If MOD6\_1 or MOD6\_3=1 Go to MOD6\_5

MOD6\_4. What is the main reason you have not visited the dentist in the past year? (260-261)

	(260-261)
Read Only if Necessary	
Fear, apprehension, nervousness, pain, dislike going	01
Cost	02
Do not have/know a dentist	03
Cannot get to the office/clinic (too far away, no transportation,	
no appointments available)	04

No reason to go (no problems, no teeth)	05
Other priorities	06
Have not thought of it	07
Other	08
Don't know/Not sure	77
Refused	99

MOD6\_5. Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid? (262)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

#### **Module 13: Tobacco Indicators**

#### If Q10.1≠1, Go to MOD13\_7

Previously you said you have smoked cigarettes.

MOD13\_1. How old were you the first time you smoked a cigarette, even one or two puffs?

	(347-348)
Code age in years	
Don't know/Not sure	77
Refused	99

MOD13\_2. How old were you when you first started smoking cigarettes regularly?

Code age in years (349-350)

$\mathcal{C}$	
Never smoked regularly Go to MOD13_6	88
Don't know/Not sure	77
Refused	99

# If Q10.2=9, Go to MOD13\_6 If Q10.2≠3, Go to MOD13\_4

MOD13\_3. About how long has it been since you last smoked cigarettes regularly?

	(331-332)
Read Only if Necessary	
Vithin the past month (0 to 1 month ago)	01

Within the past month (0 to 1 month ago)

Within the past 3 months

02

Within the past 6 months

03

Go to MOD If MOD4_8=	Within the past year Within the past 5 years Within the past 10 years 10 or more years ago Don't know/Not sure Refused  13_6 =1, Autofill MOD 13_4=1	04 05 06 07 77 99	
MOD13_4. to get	In the past 12 months, have you seen a doctor, nurse, or other he any kind of care for yourself?	ealth professiona	1 (353)
	Yes No Go to MOD13_6 Don't know/Not sure Go to MOD13_6 Refused Go to MOD13_6	1 2 7 9	
MOD13_5. you to	In the past 12 months, has a doctor, nurse, or other health profest quit smoking?	ssional advised	(354)
	Yes No Don't know/Not sure Refused	1 2 7 9	
MOD13_6.	Which statement best describes the rules about smoking inside y	your home?	(355)
	Please Read Smoking is not allowed anywhere inside your home Smoking is allowed in some places or at some times Smoking is allowed anywhere inside the home or There are no rules about smoking inside the home	1 2 3	
Do not read these responses	Don't know/Not sure Refused	7 9	
If Q13.8≠1,2	, Go to State-Added Disability		
MOD13_7.	While working at your job, are you indoors most of the time?	(356)	
	Yes No <b>Go to State-Added Disability</b>	1 2	
	BRFSS 2001 - Draft #4 8/15/2003 11:41 AM01/19/2001 9:39 AM12/20/00 10:47 AM	2	40 

	Don't Know/Not Sure <b>Go to State-Added Disability</b> Refused <b>Go to State-Added Disability</b>	7 9	
MOD13_8.	Which of the following best describes your place of work's	official smoking	
policy for in	ndoor public or common areas, such as lobbies, rest rooms, and	_	)
	Please Read		
or workers who	Not allowed in any public areas	1	
visit clients, "place	Allowed in some public areas	2	
of work" means	Allowed in all public areas	3	
heir base location	or		
	No official policy	4	
Do not read	Don't know/Not sure	7	
these responses	Refused	9	
MOD13_9. poli	Which of the following best describes your place of work's cy for work areas?	official smoking	(358)
	Please Read		
	Not allowed in any work areas	1	
	Allowed in some work areas	2	
	Allowed in all work areas	3	
	Or	C	
	No official policy	4	
Do not read	Don't know/Not sure	7	
these responses	Refused	9	
State Add	led: Diabetes for Non-Diabetics		
If Q7.1=1,	Go to State-Added Disability		
RI7_1. Hav	re any of your immediate blood relatives your mother, father, br		
diabetes?	Yes	(428)	
	No	1 2	
	Don't know/Not sure	7	
	Refused	9	
RI7_2. Hav	re you ever been tested by a blood sugar test to see if you have of	liabetes? (429)	
	Yes	1	
	No Go to RI7_4	2	

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Don't know/Not sure Go to RI7_4	7
Refused Go to RI7_4	9

RI7\_3. Did you have to fast for at least 8 hours before getting your test? (430)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

Please tell me whether you agree or disagree with the following two statements. If you don't know whether you agree or disagree please say that you are not sure.

RI7\_4. People who have an African American or Hispanic background are more likely to get diabetes than are people of other ancestries. (431)

Agree	1
Disagree	2
Don't know	7
Refused	9

RI7\_5. People who have a blood relative with diabetes are more likely to get diabetes than are people who don't have a blood relative with diabetes. (432)

Agree	1
Disagree	2
Don't know	7
Refused	9

# State-Added: Disability

The next two questions are about your support needs and life satisfaction.

RI8\_1. (D) How often do you get the social and emotional support you need? (367)

Would you say: Please Read

a.	Always	1
b.	Usually	2
c.	Sometimes	3
d.	Rarely	4
	or	
e.	Never	5

Do not read these responses		Don't know/Not sure Refused	7 9
RI8_2. (D)	In general, he	ow satisfied are you with your life?	(368)
	Woul	d you say: Please Read	
Do not	a. b. c. d.	Very satisfied Satisfied Dissatisfied or Very dissatisfied Don't know/Not sure	1 2 3 4 7
read these responses		Refused	9
	e next questic	ons are about limitations you may have	in your daily life.''
RI8_3.(D) Because of any impairment or health problem, do you have any trouble learning remembering, or concentrating? (369)			
	a. b.	Yes No Don't know/Not sure Refused	1 2 7 9
RI8_ 4	. (D)	What is the farthest distance you can we equipment or help from others?	alk by yourself, without any special (370)
Do not read	a. b. c. d. e.	Not any distance Across a small room About the length of a typical house About one or two city blocks About one mile or More than one mile Don't know/Not sure	1 2 3 4 5
If Q14.1=1		Refused 1, or if RI8_3=1 continue, else go to R	9 [ <b>8_9.</b>

(M)

RI8\_ 5.

(371-372)

What is your MAJOR impairment or health problem?

#### Reason Code

If respondent says	a.	Arthritis/rheumatism	01
"I'm not limited," say	b.	Back or neck problem	02
"I'm referring to the	c.	Fractures, bone/joint injury	03
health problem	d.	Walking problem	04
or use of special	e.	Lung/breathing problem	05
equipment when	f.	Hearing problem	06
I asked earlier	g.	Eye/vision problem	07
about limitations	h.	Heart problem	08
in your daily life."	i.	Stroke problem	09
•	j.	Hypertension/high blood pressure	10
	k.	Diabetes	11
	1.	Cancer	12
	m.	Depression/anxiety/emotional problem	13
	n.	Other impairment/problem	14
	Don't	know/Not sure	77
	Refuse	ed	99

RI8\_ 6. (M) For HOW LONG have your activities been limited because of your major impairment or health problem? (373-375)

a.	Days	1
b.	Weeks	2
c.	Months	3
d.	Years	4
	Don't know/Not sure	777
	Refused	999

RI8\_7. (M) Because of any impairment or health problem, do you need the help of other persons with your PERSONAL CARE needs, such as eating, bathing, dressing, or getting around the house? (376)

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

RI8_8. (M)	Because of any impairment or health problem, do you need the help o	f other
person	ns in handling your ROUTINE NEEDS, such as everyday household ch	ores, doing
neces	sary business, shopping, or getting around for other purposes?	(377)

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

RI8\_9. (M) During the past 30 days, for about how many days did PAIN make it hard for you to do your usual activities, such as self-care, work, or recreation?

		(378-379)
a.	Number of days	<u> </u>
b.	None	8 8
	Don't know/Not sure	7 7
	Refused	99

RI8\_10. (M) During the past 30 days, for about how many days have you felt SAD, BLUE, or DEPRESSED? (380-381)

a.	Number of days	
b.	None	8 8
	Don't know/Not sure	7 7
	Refused	9 9

RI8\_11. (M) During the past 30 days, for about how many days have you felt WORRIED, TENSE, or ANXIOUS? (382-383)

8 8
7 7
99

RI8\_12. (M) During the past 30 days, for about how many days have you felt that you did not get ENOUGH REST or SLEEP? (384-385)

a.	Number of days	
b.	None	8 8
	Don't know/Not sure	7 7
	Refused	99

RI8_13.	(M)	During the past 30 days, for about how many days have	e you felt
VER	Y HEA	LTHY and FULL OF ENERGY?	(386-387)
	a.	Number of days	
	b.	None 8 8	
		Don't know/Not sure 7 7	
		Refused 9 9	
RI8_14.	(D)	If number of adults equals 1 and core Q13.6 is ''none,' section.	go to next
		Is there anyone [fill in (else) if "yes" to Core Q14.1 or Q RI8_3 in the Disability Module is "yes"] in your househ LIMITED in any way in any activities because of any phy emotional problem or who uses special equipment?	old who is
	a.	Yes	1
	b.	No Go to State Added: Care Giving	2
		Don't know/Not sure Go to State Added: Care Giving	7
		Refused Go to State Added: Care Giving	9
RI8_ 15.	(D)	How old are these people?	
Code ages		a. person 1	(389-390)
<b>97 = 97 and older</b>		· —	(391-392)
98 = DK/NS		•	(393-394)
99 = Refused		d. person 4	(395-396)
		e. person 5	(397-398)

# State-Added: Care Giving

#### If RI8\_7=2, Go to RI9\_3

RI9\_1. Earlier you reported that due to your impairment you need some assistance from another person with your PERSONAL CARE needs. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house? (433-434)

	Read Only if Necessary	
If a rela-	Husband/wife/partner	0 1
tive that is	Parent/son/son-in-law/daughter/daughter-in-law	0 2
paid, code	Other relative	0 3
as appropri-	Unpaid volunteer	0 4
ate relative	Paid employee or home health service	0 5
	Friend or neighbor	0 6
	Combination of family and/or friends and/or paid help	0 7
	Other	0 8
	No one helps me Go to RI9_3	0 9
	Don't Know/Not Sure	7 7
	Refused	9 9

RI9\_2. Is the assistance you receive to meet your personal care needs from all sources:

Please Read

Usually adequate
Sometimes adequate
or
Rarely adequate

Do not read
Don't know/Not sure
Refused

Please Read

1
Sometimes adequate
2

or
Rarely adequate
3

If RI8\_8=2, Go to State Added: Asthma

(435)

RI9\_3. Earlier you reported that due to your impairment you need some assistance from another person with your ROUTINE needs. Who usually helps you with handling your routine needs, such as everyday household chores, shopping, or getting around for other purposes? (436-437)

#### Reason code

# **Read Only if Necessary**

If a rela-	Husband/wife/partner	0 1
tive that is	Parent/son/son-in-law/daughter/daughter-in-law	0 2
paid, code	Other relative	0 3
as appropri-	Unpaid volunteer	0 4
ate relative	Paid employee or home health service	0 5
	Friend or neighbor	0 6
	Combination of family and/or friends and/or paid help	0 7
	Other	0 8
	No one helps me Go to next module	0 9
	Don't Know/Not Sure	7 7
	Refused	99

RI9\_4. Is the assistance you receive to meet your routine needs from all sources: (438)

#### Please Read

	Usually adequate	1
	Sometimes adequate	2
	or	
	Rarely adequate	3
Do not read	Don't know/Not sure	7
these responses	Refused	9

#### State-Added: Asthma

Now, I'd like to ask you a few questions about coughing or breathing problems you may have had in the past year that were not related to colds or other infections.

RI10\_1 Excluding colds and other infections, during the past 12 months, have you experienced coughing spells that take minutes or hours to go away or that never go away completely? (439)

Yes		1
No	Go to RI10_3	2
Don't know/Not sure	Go to RI10_3	7
Refused	Go to RI10_3	9

RI10\_2 Thinking about the times that you had coughing spells, did you also bring up phlegm or sputum with your coughs? (440)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

RI10\_3 During the past 12 months, have there been times when you had tightness in your chest? (441)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

RI10\_4 During the past 12 months, have there been times when you had wheezy breathing? (442)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

During the past 12 months, have there been times when you had shortness of breath when you were not exercising? (443)

```
Yes 1
No 2
Don't know/Not sure 7
Refused 9
```

If RI10\_1 through RI10\_5 all = 2, 7 or 9 and Q6.1 = 2, 7 or 9, Go to RI10\_10 If RI10\_1 through RI10\_5 all = 2, 7 or 9 and Q6.1 = 1, Go to RI10\_9

#### Else continue.

The next three questions are about how the {if RI10\_1=1 ask "coughing spells" & if RI10\_2 = 1 ask "phlegm" & if RI10\_3 = 1 ask "tightness in your chest" & if RI10\_4 = 1 ask "wheezy breathing" & if RI10\_5=1 ask "shortness of breath"} may have affected you in the past 2 weeks?

RI6\_6 In the past two weeks, were you awakened from sleep by the {if RI10\_1=1 ask "coughing spells" & if RI10\_2 = 1 ask "phlegm" & if RI10\_3 = 1 ask "tightness in your chest" & if RI10\_4 = 1 ask "wheezy breathing" & if RI10\_5= 1 ask "shortness of breath"}?

Yes	1
No	2
Don't know/Not sure	7
Refused	9

RI6\_7 In the past two weeks, how many days were you kept from work, school or any other daily activities because of the {if RI10\_1=1 ask "coughing spells" & if RI10\_2 = 1 ask "phlegm" & if RI10\_3 = 1 ask "tightness in your chest" & if RI10\_4 = 1 ask "wheezy breathing" & if RI10\_5= 1 ask "shortness of breath"}? (445-446)

Number of days	
Don't know/Not sure	7 7
Refused	9 9

RI6\_8 In the past 2 weeks, how many days were you free from the {if RI10\_1=1 ask "coughing spells" & if RI10\_2 = 1 ask "phlegm" & if RI10\_3 = 1 ask "tightness in your chest" & if RI10\_4 = 1 ask "wheezy breathing" & if RI10\_5=1 ask "shortness of breath"}?

(447-448)

Number of days	
Don't know/Not sure	7 7
Refused	9 9

{If RI10\_3 = 2, 7, or 9 & RI10\_5 = 2, 7, or 9, and RI10\_4= $\frac{2}{7}$ , or 9 Go to RI10\_14}

RI10\_9. Do you currently take any medication to help you breath better? (449)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

RI10\_10. Thinking about medications you take to help you breathe better.

Do you take medications... [Read 10a-e]

a.	every day or almost every day?	1	2	7	9	(450)
b.	when you exercise?	1	2	7	9	(451)
c.	for quick relief?	1	2	7	9	(452)
d.	when you have a respiratory infection?	1	2	7	9	(453)
e.	when you have allergies?	1	2	7	9	(454)

#### If RI10\_10a≠1, Go to RI10\_10b

RI10\_11a. Can you tell me the name of the medications you take everyday or almost every day to help you breathe better? {MUL 2} Interviewer Prompt: Any other? (455-460)

See attached medication list

#### If RI10\_10b≠1, Go to RI10\_10c

RI10\_11b. Can you tell me the name of the medications you take when you exercise to help you breath better?

**{MUL 2} Interviewer Prompt: Any other?** 

(461-466)

YES NO DK/NS REFUSED

See attached medication list

#### If RI10 10c≠1, Go to RI10 10d

RI10\_11c. Can you tell me the name of the medications you take everyday for quick relief to breathe better?

**(MUL 2) Interviewer Prompt: Any other?** 

(467-472)

See attached medication list

#### If RI10\_10d≠1, Go to RI10\_12

RI10\_11d. Can you tell me the name of the medications you take when you have a

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# respiratory infection to help you breathe better? {MUL 2} Interviewer Prompt: Any other?

See attached medication list (473-478)

RI10\_12. Since you started taking medication to help you breathe better, have there been times <a href="this">this</a> medication was unavailable to you when you needed it? (479)

Yes	1
No Go to RI10_14	2
Don't know/Not sure	7
Refused Go to RI10 14	9

RI10\_13. And how many times **in the past 12 months** has <u>this</u> medication been unavailable to you when you needed it? Would you say medication has been unavailable between one and three times, between four and six times, between seven and nine times, or ten times or more? (480)

1-3 times	1
4-6 times	2
7-9 times	3
10 or more times	4
Don't know/Not sure	7
Refused	9

RI10\_14 Does anyone smoke regularly inside your house or apartment? (481)

Yes	1
No	2
Don't know/Not sure	7
Refused	Q

# If Q13.6=88 or 99, Go to State-Added Lyme Disease

RI10_15.	0_15. If Q13.6 >1 ask: You said before that there are {Insert total number of child			
	from Q13.6} children under age 18 living in your household. Has a doctor ever			
	said that any of the children under age 18 currently living in your household has			
	asthma?			

If Q13.6=1 ask: You said before that there is one child under age 18 living in
your household. Has a doctor ever said that the child under age 18 currently
living in your household has asthma?

Yes	1
No Go to State-Added Lyme Disease	2
Don't know/Not sure Go to State-Added Lyme Disease	7
Refused Go to State-Added Lyme Disease	9

# RI10\_15a If Q13.6>1 and RI10\_15=1 ask: How many of these children have ever been diagnosed with asthma? (483-484)

Record Number	
Don't Know	77
Refused	99

### If RI10\_15a=1, Go to RI10\_17

If RI10\_15a=0, 88 or 99, Go to State-Added Lyme Disease

RI10 16.	How ma	ny of these	e children	still have asthma?	(485-48)
KIIU IU.	110w ilia	nv or mes	e cimulen	Sum have asumma:	(40)-4

Record Number	
None	88
Don't Know	77
Refused	99

# RI10\_17. Does this child still have asthma? (487)

Yes	1
No	2
Don't know/Not sure	7
Refused	9

(482)

# State-Added: Lyme Disease

Next, I would like to ask you some questions about Lyme disease.

RI11_1. How would you rate your	own chances of getting Ly	yme disease in the coming year?

<del>-</del>	, ,		(488)
	High		1
	Medium		2
	Low		3
	None		8
	Don't know/Not sure		7
	Refused		9
RI11_2. Are y	you aware that there is	a vaccine for Lyme disease?	(489)
	Yes		1
	No	Go to RI11_5	2
	Don't know/Not sure	Go to RI11_5	7
	Refused	Go to RI11_5	9
RI11_3. Have	you ever received the	Lyme disease vaccine ?	(490)
	Yes	1	
	No	2	
	Don't know/Not sure	7	
	Refused	9	
RI11_4. Do y	ou plan on receiving the	he Lyme disease vaccine in the future?	(491)
	Yes	1	
	No	2	
	Don't know/Not sure	7	
	Refused	9	

RI11\_5. During the past year, when in high risk areas, such as wooded or grassy areas, please tell me how often you have taken the following measures to protect yourself:

a) Wearing long pants tucked into socks.		
[Would you say] Always Sometimes Never in high risk areas Go to Closing Stat Never Don't know/Not sure Refused	tement 1 2 3 8 7 9	
b) Looking for ticks on yourself and removing them.	(493)	
[Would you say] Always Sometimes Never in high risk areas Go to Closing Stat Never Don't know/Not sure Refused	tement 1 2 3 8 7 9	
c) Using an insect repellent on your skin or clothes.	(494)	
[Would you say] Always Sometimes Never in high risk areas Never Don't know/Not sure	1 2 3 8 7	
Refused	9	

# **Closing Statement**

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

To interviewer:

RI13_1.	In what language was this interview completed?	(496)
Eng	glish	1
Spa	nish	2
Port	tuguese	3

Medication	List for	Asthma	(brand	names in	alnhah	etical	order)
Miculcanon		Asuma	ı vı anu	mannes m	aibua	rcucai	UI UCI /

Accolate	001	Elixphyllin KI	041	Sustaire	081
Accubron	002	Flovent	042	Terbutaline	082
Aerobid	003	Flovent Rotadisk		Theo-24	083
Aerolate	004	Fluticasone	044	Theobid	084
Airet	005	Gastrocrom	045	Theo-Clear	085
Albuterol	006	Hydrocotone	046	Theochrom	086
Albuterol Sulfate		Hydro-Spec	047	Theocontin	087
Alupent	008	Instavent	048	Theocot	088
Amcort	009	Isoetharine	049	Theo-Dur	089
Aminophylline	010	Isuprel	050	Theolair	090
Aquaphyllin	011	Intal	051	Theomar	091
Aristocort	012	Labid	052	Theo-Time	092
Aristocort Forte	013	Lanophyllin	053	T-Phyl	093
Asmalix	014	Lixolin	054	Theophyl	094
Asmavent	015	Maxair	055	Theophylline An	hydrous 095
Atrovent	016	Medrol	056	Theophylline KI	•
Asthmahaler	017	Metaprel	057	Theo-Sav	097
Azmacort	018	Metaproterenol	058	Theosol-80	098
Beclomethasone	019	Montelukast	059	Theospan Sr	099
Beclovent	020	Nasalcrom	060	Theovent	100
Brethaire	021	Nedocromil	061	Theox	101
Brethancer	022	Norphyl	062	Tilade	102
Brethine	023	Opticrom	063	Tornalate	103
Bricanyl	024	Prednisone	064	Triamcinolone	104
Broniten	025	Primatene	065	Truphylline	105
Bronkaid	026	Primatene Mist	066	Truxophyllin	106
Bronkodyl	027	Proventil	067	Unicontin	107
Broncomar	028	Pulmicort	068	Uni-Dur	108
Bronkometer	029	Pulmo	069	Uniphyl	109
Brycanyl		Quibron	070	Vanceril	110 030
Buventol	031	Respid	071	Ventimax	111
Constant T	032	Respihaler	072	Ventolin	112
Cromolyn	033	Salmeterol	073	Ventolin Rotacap	os 113
Decadron	034	Serevent	074	Volmax	114
Deltasone	035	Servent	075	Zyflo	115
Drafilyn Z	036	Singulair			
Dyphylline	037	Slo-Bid	077	Don't know/Not	
Elixicon		Slo-Phyllin	078	Refused	999 038
Elixomin	039	Solu-Phyllin	079		
Elixophillin	040	Somo-Phyllin	080		